

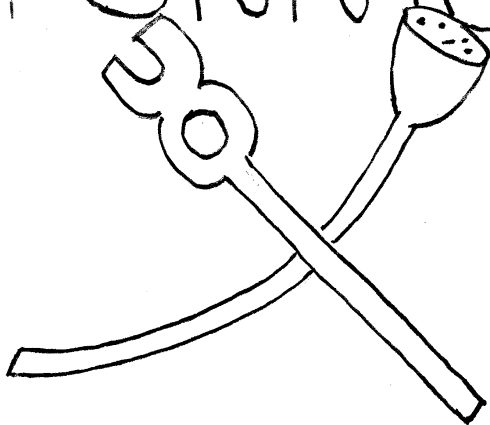
#19 FREE

MAR-APR

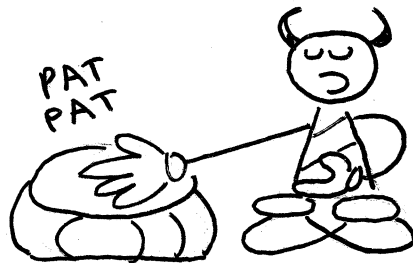


lonely
place
PRODUCTIONS

MEDITATION FUNNIES



COME SEE
WHAT HAPPENS





ARE YOU... NAKED?

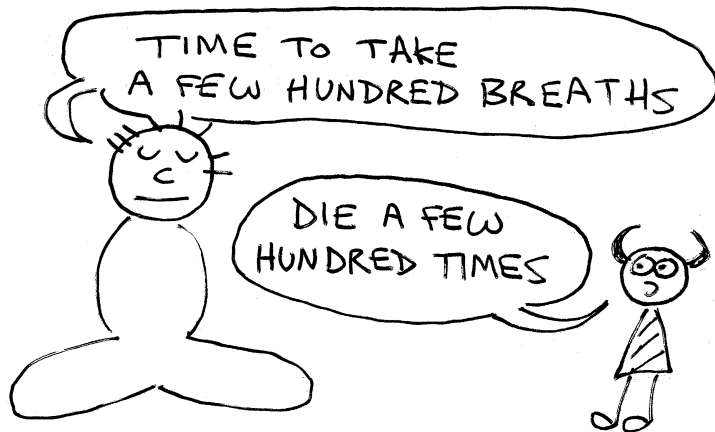
NO, THE CARTOONIST
JUST DOESN'T BOTHER
TO DRAW MY
CLOTHES

WELL HE
DOESN'T
DRAW OUR
ARMS
EITHER,
SO

IF I
DOESN'T
NEED IT,
I DOESN'T
DRAW IT!

JAPAN





KEN TETSUZAN MORGAREIDGE (FORMERLY
OF ZEN CENTER OF DENVER) SAID TO
PRACTICE DYING WITH EACH EXHALE
AND BEING BORN WITH EACH INHALE



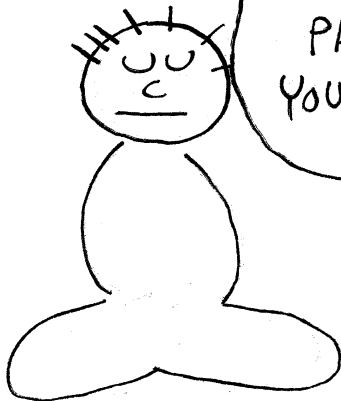
WHICH ONE OF US
IS THE "STRAIGHT MAN"?



WE
TAKE
TURNS



IS YOUR MIND
PART OF YOUR BODY
OR IS YOUR BODY
PART OF
YOUR MIND?



"THINK THE THOUGHT
OF NON THINKING"*

THAT'S WHAT
THE MAN SEZ

YOU
DON'T.

SOMETIMES
I DO

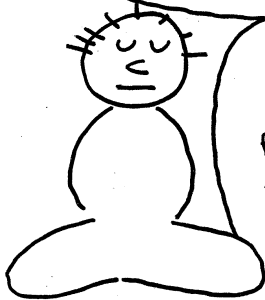
...BUT OFTEN
WHEN I SIT
DOWN, I
SECRETLY
THINK...



"GOOD
THING I
HAVE THINGS
TO THINK
ABOUT
TO GET THRU
THIS
SESSION

*FUKANZAZENGI

THE MAN ALSO SEZ
THAT THE WHOLE UNIVERSE
REALIZES THE DHARMA
IF YOU DO IT RIGHT
FOR EVEN ONE MOMENT*
(OR SOMETHING LIKE THAT)



YOU THINK THAT'S
AN EXCUSE
FOR HALF-ASSING IT
THE REST OF
THE TIME?



*BENDOWA

THE
NONTHOUGHT
IS ALWAYS THERE
BENEATH THE THOUGHT

LIKE THE
SILENCE
IS ALWAYS THERE
BENEATH
THE SOUND



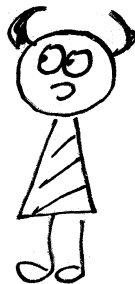
LIKE NOTHING
IS ALWAYS
THERE
BENEATH
SOMETHING

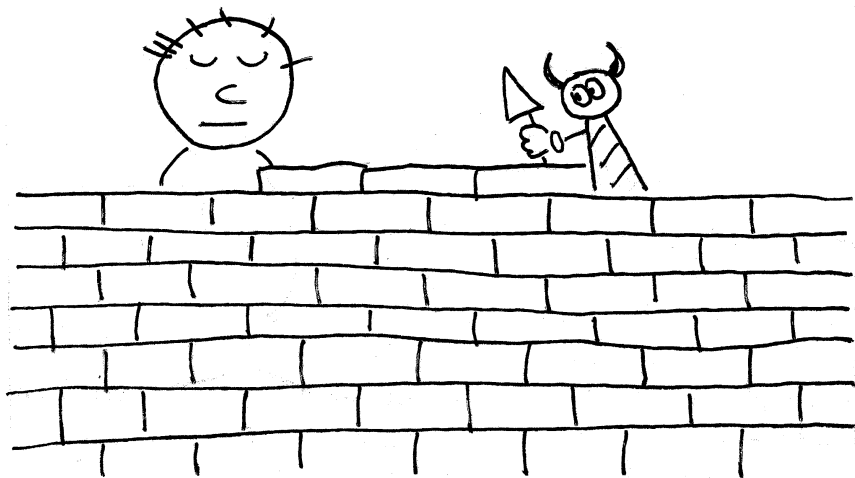
WHAT'S "MINDFULNESS"?

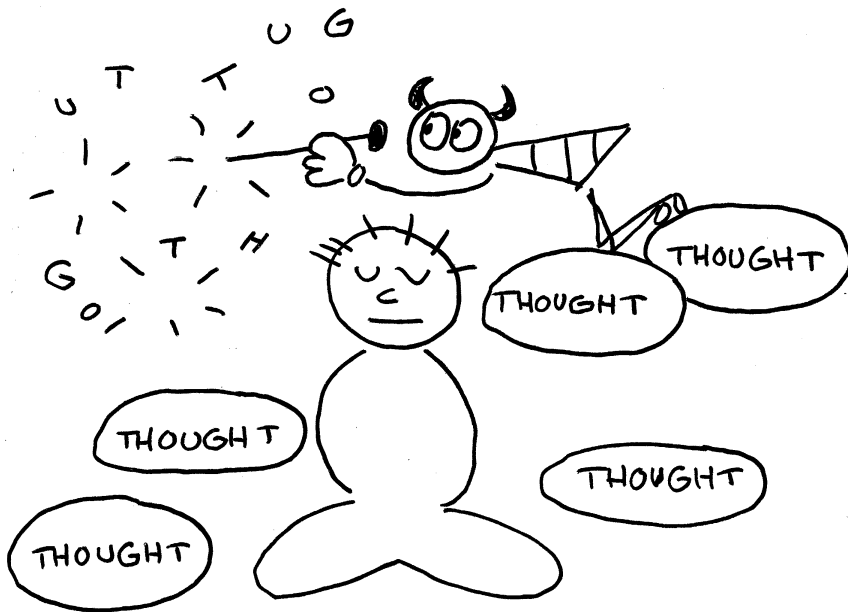
IT'S A
FANCY
WORD
FOR
PAYING
ATTENTION

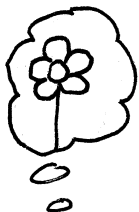


SEEMS LIKE "MINDFULNESS"
IS A LITTLE GAME
YOU PLAY WHEN
YOU'RE BORED

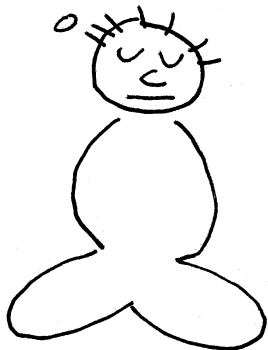








PEOPLE TOLD ME
THEY ACTUALLY LIKE
THESE COMICS, AND NOW I
FEEL LIKE I HAVE TO LIVE UP
TO THEIR EXPECTATIONS



YOU HUMBLE-
BRAGGING
MOTHER-
FUCKER

WHY'D IT TAKE YOU SO LONG
TO START THIS ZINE?

I THOUGHT
I HAD NOTHING
TO SAY

AND I THOUGHT
ART WAS BULLSHIT



AUSTRIA

YOU THOUGHT
ART WAS BULLSHIT?

NOT OTHER
PEOPLE'S

JUST MINE



JAPAN

YOU ALWAYS WANTED
TO BE A CARTOONIST

OH YES

YOU'RE HAPPIER WHEN
YOU'RE CREATING SOMETHING

FER
SHER

SO WHY DID YOU
WAIT SO LONG?!



SELF-KNOWLEDGE
TAKES A LONG TIME
TO ACQUIRE

SELF-ACCEPTANCE
TAKES EVEN LONGER



JOY IN

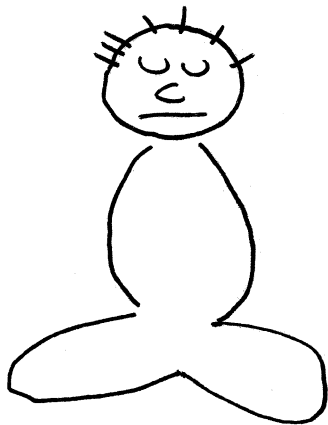


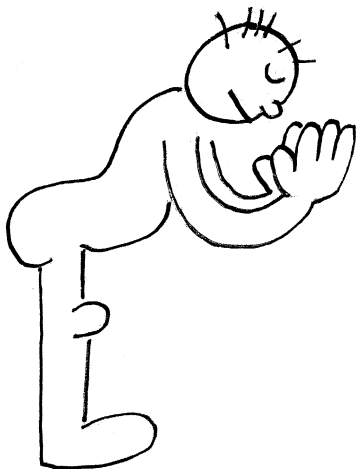
EVERY BREATH
IS **NEW**

IT'S DIFFERENT

IT'S NEVER
HAPPENED BEFORE

IMPERMANENCE





MEDITATION FUNNIES #19

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by M. Elias Hiebert

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DOCTOR STEPHEN SANDERS
MEMORIAL METAPHYSICAL INSTITUTE
PO BOX 200394
DENVER CO 80220

MEDITATIONFUNNIES@GMAIL.COM
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CUZ I'M TRYNA FINDA JOB

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